

Early Life Nutrition Symposium, Building the Foundation for Life Long Health *From Science to Practice*

Uniting knowledge, experience and innovation to improve the health of our children and shape a **healthier future**.



2-3
OCTOBER 2026
ISTANBUL, TÜRKİYE



REGISTRATION FEE:
\$750 USD

*Building
Bridges
Improving Lives*



LEADING EXPERTS
International & Regional
Faculty



**EVIDENCE-BASED
SCIENCE**
From research to
clinical practice



CONNECT
Network with peers,
societies & institutions



**FOCUS ON CHILDREN
& NEWBORNS**
Better care today,
healthier generations tomorrow

ABOUT TPNH2 GROUP

Since 2017, TPNH2 Group is devoted to organizing high-quality, accredited medical education events that create bridges between scientific persons, healthcare professionals, scientific societies and universities.



5+

Pediatric Events
Every Year



Europe &
Middle East

*Let's advance together
for our children's health.*

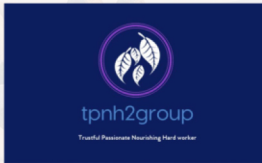


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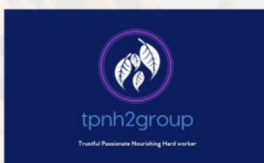
Early Life Nutrition:
Building the Foundation for Lifelong Health
2 – 3 October 2026
Istanbul - Turkey



TRUSTFUL, PASSIONATE,
NOURISHING, HARD WORKER

8:30 – 9:00	Day 1, Friday Oct 2 Registration & Welcome Coffee	
	Early Life Nutrition: Building the Foundation for Lifelong Health	
9:00 – 9:25	HMOs: Unlocking the Science of Human Milk	Dr. Abdul Aziz Bin Manee, KSA
9:25 – 9:30	Q/A	
9:30 – 9:55	Brain development and nutrition	Dr. Hiba AlKhashaab, KSA
9:55 – 10:00	Q/A	
10:00 – 10:25	Gut microbiome in infancy	Dr. Moaz AlTreki, KSA
10:25 – 10:30	Q/A	
10:30 – 11:00	Coffee Break	
	Pediatric Gastroenterology Meets Nutrition	
11:00 – 11:25	CMPA: Practical Approach and Guidelines	Prof. Marta Tavares, Portugal
11:25 – 11:30	Q/A	
11:30 – 11:55	Functional GI Disorders: In the Arab World	Dr. Mohamed Elmesserey, Dubai
11:55 – 12:00	Q/A	
12:00 – 12:25	Flattering Growth, When to refer	Prof. Emre Dincer, Turkey
12:25 – 12:30	Q/A	
12:30 – 12:55	Nutritional Strategies Before Referral	Prof. Federica Furfaro Italy
12:55 – 13:00	Q/A	
13:00 – 14:00	Lunch Break	
14:00 – 15:00	Picky Eater Workshop: 3N Notice Nourish Nurture Dr. Umut Zubarioglu / Dr. Didem Arman	
15:00 – 15:30	Closing Conference Day 1 Remarks	

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8:30 – 9:00	Day 2, Saturday Oct 3 Registration & Welcome Coffee	
	Faltering Growth & Catch-up Growth	
9:00 – 9:25	Identifying children at nutritional risk	Dr. Hiba AlKhashaab, KSA
9:25 – 9:30	Q/A	
9:30 – 9:55	Nutritional intervention before pharmacological intervention	Prof. Marta Tavares, Portugal
9:55 – 10:00	Q/A	
10:00 – 10:25	Role of HMOs in GI Tolerance.	Dr. Moaz AlTreki, KSA
10:25 – 10:30	Q/A	
10:30 – 11:00	Coffee Break	
	The Future of Nutrition	
11:00 – 11:25	Early Nutrition Programming	Prof. Federica Furfaro
11:25 – 11:30	Q/A	
11:30 – 11:55	Nutrition and Immune Health in Young Children	Prof. Emre Dincer
11:55 – 12:00	Q/A	
12:00 – 12:25	The Brain - Gut Microbiome Axis	Dr. Hiba AlKhashaab, KSA
12:25 – 12:30	Q/A	
12:30 – 12:55	Precision Pediatric Nutrition	Dr. Mohamed Elmesserey
12:55 – 13:00	Q/A	
13:00 – 14:00	Lunch Break	
14:00 – 15:00	Gut Health Workshop: 3D Define Diagnose Digest Dr. Umut Zubarioglu / Dr. Didem Arman	
15:00 – 15:30	Closing Conference Day 2 Remarks	